

Long Term Athlete Development (LTAD) Committee Report (reporting period – December 1, 2018 to the 2020 AGM)

The LTAD committee and the Women's Initiative committee (WIC) work together on processing applications for the Athlete Development funding and the WIC funding. In 2019, sixteen applications were received for the Athlete Development funding which far exceeds the available budget. Six applications were approved for funding plus two conditionally approved pending additional information and meeting specific requirements. Of the six approved, one event did not take place. One of the conditionally approved applications could not organize coaching for the planned event and thus did not take place. The remaining conditionally approved application was able to provide sufficient information to have funding approved plus an alternative event was funded to replace those original approved applications that did not take place. Part of the requirement of the Athlete Development funding process is for the approved applicants to provide a report or an article and photos for Canpara. The articles printed in Canpara help to highlight the funding assistance that CSPA provides to the skills camps plus hopefully encourages others to apply for the next year. Following the 2020 AGM and confirmation of the Athlete Development budget available, the LTAD committee and WIC will be advertising the 2020 application process.

In addition to the Athlete Development funding which supports skill development, the LTAD committee has worked with Skyventure Montreal over the past number of years to provide skills camps at the tunnels in Montreal and Toronto. The focus of these camps has primarily been to develop the skills of skydivers related to the stages of Flight Plan and promote competition involvement. Two successful skills camps (Montreal and Toronto) were held December 2019 and January 2020 both coached by Richard and Valerie Bisson. The Montreal skills camp had a waiting list while the Toronto skills camp drew only 6 participants (half the capacity). Coordinating with coaches and the tunnel to offer these sorts of skills camps can be a challenge but the LTAD committee will continue to support the camps as the feedback has been overwhelmingly positive.

The LTAD committee is responsible for Flight Plan, the Long Term Athlete Development (LTAD) document for CSPA. The original document format was problematic for making revisions easily so Flight Plan was completely revamped by Annaleah McAvoy. The process of revisions took much longer than anticipated however the final document in both English and French has been completed with a new look. Following Board approval the revised documents will be posted on the CSPA website.

Each year the CS4L Summit provides the opportunity for sport groups to learn about new developments, new ideas, best practices and information regarding long term athlete development. Our Executive Director, Michelle Matte-Stotyn, has been able to attend the summit the last several years. LTAD committee members are given the opportunity to attend as well but with busy schedules it is not always possible. Eileen Vaughan was able to attend the summit this year (January 2020) and Michelle attended seminars as possible. There are always good pieces of

information at the Summit which stimulate thought on how to enhance our sport despite there being quite a focus on youth participation in sport and skill development at young ages.

I want to thank the members of the LTAD committee (John McCarthy, Richard Bison, Marie-Ève Dallaire, Mélanie L-Guérin, Ryan Fitzpatrick) for their commitment to CSPA and the LTAD committee.

Sincerely,
Doreen West-Gemmell
LTAD chairperson