

CSPA AGM, March 2, 2018

Long Term Athlete Development (LTAD) Committee Report

(reporting period – December 1, 2016 to the 2018 AGM)

The LTAD committee is responsible for Flight Plan, the Long Term Athlete Development (LTAD) document for CSPA. Revisions to Flight Plan have been made to align our LTAD plan with the generic Canadian Sport for Life (CS4L) LTAD plan version 2.0 (visit the website canadiansportforlife.ca) .The revised version, Flight Plan 2.0, will be posted on the CSPA website following final approval by the Board.

Along with revisions to Flight Plan, the committee did further work on the skills matrix related to competing in each discipline and aligning the skills with the 7 stages of LTAD. The skills matrix is a work in process as new disciplines such as wingsuit flying need to be added.

The LTAD committee and the Women's Initiative committee have worked together on processing applications for the Athlete Development funding and the WIC funding. In 2017, eight applications were received for the Athlete Development funding. One application was withdrawn, one application was not approved as it did not meet the funding criteria and six were approved for funding. Of the six that were approved, two did not use the approved funds. Those applications that were approved provided an article and photos which were printed in Canpara. The LTAD committee and WIC will be advertising the 2018 application process shortly following the 2018 AGM.

The LTAD committee has worked with Skyventure Montreal over the past number of years to provide skills camps at the tunnel. The focus of these camps has primarily been to develop the skills of skydivers related to the stages of Flight Plan and promote competition involvement. While it was not possible to arrange skills camps in 2016 or 2017, two skills camps were arranged with coaching by Benoit Lemay and Richard Bisson for early 2018. The first camp was held at Ifly Toronto January 20-21 with participants mainly from Ontario but also included 2 people from Alberta and one from Nova Scotia. Both coaches and the participants were very positive about the experience. Participants were extremely pleased with the quality of the coaching; learned or improved 4-way skills plus had a lot of fun. The camp at Skyventure Montreal Feb. 11/12 included participants from Quebec and Ontario with similar feedback from participants. Coordinating with coaches and the tunnel to offer these sorts of skills camps can be a challenge but the LTAD committee will continue efforts to support camps in the future as the feedback has been overwhelmingly positive.

Each year the CS4L Summit provides the opportunity for sport groups to learn about new developments, new ideas, best practices and information regarding long term athlete development. Our Executive Director, Michelle Matte-Stotyn, has been able to attend the summit the last several years. LTAD committee members are given the opportunity to attend as well but with busy schedules it is not always possible. John McCarthy attended the summit in January 2017 along with Michelle but none of the LTAD committee members were available to attend the 2018 summit with Michelle.

I want to thank the members of the LTAD committee (John McCarthy, Richard Bisson, Marie-Ève Dallaire, Mélanie L-Guérin, Ryan Fitzpatrick and Martin Lemay; Board liaison David Lutzy) for their on-going commitment to CSPA and the LTAD committee. Martin Lemay has resigned as a member of the committee and I want to express my gratitude for his input while he served on the committee. As always, the LTAD committee is seeking new members, if interested please get in touch.

LTAD Slide points for AGM

<p>2017</p> <ul style="list-style-type: none">- completed updates to Flight Plan to align with CS4L LTAD plan version 2.0- further details were added to the skills matrix- collaborated with the WIC regarding the funding applications for Athlete Development funding and WIC funding	<p>Flight Plan is the document for Long Term Athlete Development which the committee reviews annually to insure it aligns with any revisions to the generic plan of Canadian Sport 4 Life</p> <p>8 applications were received for AD funding; 6 were approved; 4 applications were completed for funding (2 individual & 2 group)</p>
<p>2018</p> <ul style="list-style-type: none">- will collaborate with WIC again to process funding applications for Athlete Development funding- review participant and coach feedback regarding the two skills camps held at Ifly Toronto and Skyventure Montreal- continue work on the skills matrix for each discipline	<p>Will finalize the criteria & application following the AGM for the 2018 AD funding</p> <p>Plan future skills camps in collaboration with the Toronto and Montreal tunnels</p> <p>Continue work on the skills matrix</p>